

**Organised by Hong Kong, China Tennis Association  
Subvented by Leisure and Cultural Services Department  
Co-organised by the Education Bureau**

**[Prospectus]  
School Sports Programme –  
Joint Schools Tennis Training Programme 2026**

1. Purpose : To offer students who have potentials and aspire to make progress in tennis sustainable and systemic training, so as to enhance their skills.
2. Entry Requirement :
  - a. Participants must be a Primary students aged 12 or below (the age is calculated against the first day of the programme, applicable to both genders);
  - b. This is an advanced programme which requires the applicants to possess basic tennis skills and reach a specific level of the sport with recommendation from their coach or teacher; and
  - c. Applicants **must** attend the skill test selection day arranged by the Hong Kong, China Tennis Association (HKCTA). Those who pass the test and meet the level of the programme will be accepted to participate in the joint school tennis training programme.
3. Quota : 8 persons per class.
4. Course Arrangement : 32 sessions in total, 3 hours per session (96 hours in total).
5. Fee : The total course fee (for 96 hours) is **\$1850** per person
6. Enrolment period: 6 February 2026 – 23 February 2026  
(The postmark date will be deemed the date of submission.)

**7. Date and Time**

Venue	Activity Code	Date		Time	Selection Day	
Aberdeen Tennis and Squash Centre (or other venues)	JST/TA/26/0001-0002	2026	Apr	1,8,11,18,25	Wed 5pm to 8pm & Sat 11am to 2pm	8/3/2026 (Sunday) 1pm– 7pm Kowloon Tsai Park (Tennis Courts)
			May	2,9,13,16,20,23,30		
			Jun	6,13,20,27		
			Jul	4,11,18,22,25,29		
			Aug	5,8,12,15,19,22,26,29		
			Sep	2,5		
King's Park Recreation Ground	JST/TA/26/0003-0004	2026	Apr	1,8,12,15,19,22,26,29	Wed 4pm to 7pm & Sun 10am to 1pm	
			May	3,6,10,13,17,20,27,31		
			Jun	3,7,10,14,17,21,24,28		

Venue	Activity Code	Date			Time	Selection Day
			Jul	5,8,12,15,19,22,26,29		
Wu Shan Tennis Courts	JST/TA/26/0005-0006	2026	Apr	2,9,11,16,18,23,25,30	Thur 5pm to 8pm & Sat 2pm to 5pm	
			May	2,7,9,14,16,21,23,28,30		
			Jun	4,6,11,13,18,20,25,27		
			Jul	2,4,9,11,16,18,23		
North District Sports Ground (Tennis Court)	JST/TA/26/0007-0008	2026	Apr	11,14,18,21,25,28	Tue 5pm to 8pm & Sat 11am to 2pm	
			May	2,5,9,12,19,23,26,30		
			Jun	6,9,13,16,20,23, 30		
			Jul	4,7,11,14,18,21,25,28		
			Aug	4,8,11		
Hin Tin Playground (Tennis Court)	JST/TA/26/0009-0010	2026	Apr	12,14,19,21,26,28	Tue 4pm to 7pm & Sun 2pm to 5pm	
			May	3,5,10,12,17,19,26,31		
			Jun	2,7,9,14,16,21,23,28,30		
			Jul	5,7,12,14,19,21,26,28		
			Aug	4		
Chai Wan Park (Tennis Court) Every Thur and Sai Wan Ho Playground (Tennis Court) Every Sun	JST/TA/26/0011-0012	2026	Apr	2,9,12,16,19,23,26,30	Thur 4pm to 7pm & Sun 11am to 2pm	
			May	3,7,10,14,17,21,28,31		
			Jun	4,7,11,14,18,21,25,28		
			Jul	2,5,9,12,16,19,23,26		

8/3/2026  
(Sunday)  
1pm– 7pm  
Kowloon Tsai  
Park  
(Tennis  
Courts)

8. Arrangement of Selection Day :
- The list of shortlisted applicants and time will be announced on the website of the HKCTA (<http://www.tennishk.org/>) on **5 March 2026 (Thursday)**. Applicants shall check the details themselves and attend the selection test at Kowloon Tsai Park on **8 March 2026 (Sunday)**.
  - If the number of applicants exceeds the quota, the Organiser reserves the right to schedule another date and time for selection.
  - The scope and content of the test will be determined by the HKCTA. The assessment items include: forehand and backhand (straight and diagonal) strokes, volleying at the net (forehand, backhand), overhand serve and other items (see Appendix I for details).
  - Applicants shall wear proper sportswear and shoes with non-marking rubber outsoles, and bring along their own rackets and proof of identity bearing photos and year of birth, such as student handbooks and student cards, for the selection. The Organiser has the right to refuse the applicants to participate in the selection test if they fail to produce such documents. Applicants who fail to attend the selection test will not be accepted.
  - The HKCTA will announce the selection result within three working days after the selection. Candidates who pass the test and meet the required standard of the programme will be given priority admission. Those who pass but are not admitted will be ranked by

score and placed on a waiting list. If an enrolled student withdraws, his/her place will be filled by those on the waiting list. For details of the selection result, please visit the website of the HKCTA.

- f. In case the Tropical Cyclone Warning Signal No. 3 or above, or Rainstorm Signal Amber / Red / Black is issued by the Hong Kong Observatory two hours before the selection test; or the Education Bureau has announced the closure of schools; or the Environmental Protection Department has announced that the Air Quality Health Index (AQHI) recorded at its general monitoring stations reaches 10+ (“Serious” health risk category) in the area concerned, the selection test will be cancelled. In this case, the selection will be postponed to 1:00 p.m. to 6:00 p.m. on 22 March 2026 (Sunday), and to be held at the tennis court in the Kowloon Tsai Park. In case the Thunderstorm Warning is issued by the Hong Kong Observatory, Subject to the weather conditions, participants and coaches still need to be present at the venue.

9. Content : Theories, basic skills, physical training and stimulated matches, etc.
10. Coach : Experienced coaches will be assigned by the HKCTA.
11. Equipment : Students should bring their own rackets. Other basic equipment will be provided by the HKCTA.
12. Enrolment form : Applicants can download the form from the following webpage:  
(Leisure and Cultural Services Department: <https://www.lcsd.gov.hk/en/index.html>)  
(HKCTA: <http://www.tennishk.org/>)
13. Notes to Applicants :
1. Applicants for the Joint Schools Tennis Training Programme must apply as an individual. Each applicant should select **one** training centre only.
  2. Prospective participants are required to complete and submit an enrolment form within the enrolment period by the following method :
    - i. Apply in person with the completed enrolment form together with a crossed cheque for the enrolment fee and payment of activity fee to the School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin: or
    - ii. Mail the completed enrolment form together with a crossed cheque for the enrolment fee and payment of activity fee to the following address :

School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin:or
    - iii. Email the completed enrolment form to [applicationssp@lcsd.gov.hk](mailto:applicationssp@lcsd.gov.hk) and mail the crossed cheque for the enrolment fee and payment of activity fee to the School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin
  3. Please mark on the envelope “Joint Schools Tennis Training Programme”, (made payable to “The Hong Kong, China Tennis Association Limited” with the school’s name and name of the applicant written on the back)
  4. The postmark date will be deemed the date of the application submission by email or by post, **Late applications will not be processed.**
  5. The Organiser reserves the right to cancel the course in case of insufficient enrolment.
  6. The cheque will be returned to unsuccessful applicants.
  7. (1) A session will be cancelled if the Education Bureau announces school suspension or if the, Tropical Cyclone Warning Signal No. 3 or above, or Amber Rainstorm Warning Signal or above remains in force two hours before the session commences; or  
(2) If the Environmental Protection Department announces that the Air Quality Health Index recorded by general stations reaches 10+ (“Serious” health risk category), outdoor activities in the affected areas must be stopped immediately. The activity on the day will be cancelled.

There will be no refund for all cancelled classes. Subject to the availability of venues, the HKCTA will arrange make-up lessons as far as possible. In case of inclement weather, please contact the coach-in-charge for enquiries on the training arrangement. In case the Thunderstorm Warning is issued by the Hong Kong Observatory, subject to the weather conditions, participants and coaches still need to be present at the venue.

8. The date of the lesson may change subject to the availability of venues and the weather conditions. Please contact the coach-in-charge in advance for enquiries on the lesson arrangement.

**14. Enquiries:**

- a. School Sports Programme Unit, LCSO (Telephone No.: 2601 7604)
- b. Hong Kong, China Tennis Association (Telephone No.: 2336 0165)

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**Subvented by Leisure and Cultural Services Department**  
**Co-organised by Education Bureau**  
**School Sports Programme –**  
**Joint Schools Tennis Training Programme**  
**Scope and content of Selection Test**

Coaches of Hong Kong, China Tennis Association (HKCTA) reserve the right to determine and change the content of the test. The decision made by the coach on the Selection Day shall be final.

Scope	
(A).	<p>Able to hit the ball served by the coach using <b><u>forehand or backhand</u></b> to the designated area.</p> <p>The coach will score based on the four hitting techniques below.</p>
1	Forehand stroke (down the line)
2	Backhand stroke (down the line)
3	Forehand stroke (cross court)
4	Backhand stroke (cross court)
(B).	<p>Able to <b><u>volley the ball</u></b> served by the coach at the net to the designated area</p> <p>The coach will score based on the two hitting techniques below.</p>
5	Forehand volley
6	Backhand volley
(C).	<p>Able to <b><u>serve overhead</u></b> to each court side</p> <p>The coach will score based on the serving technique.</p>
7	Serve
(D).	<b><u>Other</u></b>
8	Shuttle-run
9	Repeated jump
10	Overall performance