

Continuous Professional Development Programme

Presented by HKCTA Coaches Development and Qualifications Committee
中國香港網球總會教練發展及資歷委員會主辦之持續專業發展計劃

Hong Kong - “Press to shock – Save a life” CPR & AED Course 「擊活人心」心肺復甦法及自動心臟除顫器課程

<p>Content 內容</p>	<p>When cardiac arrest takes place, every second counts. The best action is to deliver a shock via defibrillator. Otherwise, the survival rate decreases by 7% to 10 % in each following minute. The course teaches how to use AED, so that when someone has a cardiac arrest, people nearby can immediately provide emergency assistance, thereby improving the patient's survival rate. The course outline:</p> <ul style="list-style-type: none">- Fundamental knowledge of the human circulatory system and Automated External Defibrillator (AED).- Recognize a person in cardiac arrest, loss of consciousness, and able to respond during an emergency.- Understand the effectiveness of compression-only CPR (COCPR).- Learn techniques to perform high-quality CPR.- Understand precautions when using an AED.- Recognize and follow the AED protocol.- Learn patient handover procedures. <p>Course Structure :</p> <ul style="list-style-type: none">- 1.5 hours online course (MUST complete before the workshop)- 2.5 hours of practical session <p>Participants should attend all the online courses and practical sessions and will be presented with the Attendance Certificates.</p> <p>對於拯救心臟驟停的患者，每遲一分鐘為其進行除顫電擊，他們的存活率便會減少百分之七至十，故能越早為他們進行除顫器急救，可大大提升生存機會。課程教導如何使用除顫器，以期當有心臟驟停時，附近的人可即時為其進行急救，從而提升患者的存活率。課程簡介：</p> <ul style="list-style-type: none">- 認識人體循環系統和自動體外心臟去顫器 (AED)- 分辨出心搏驟停、失去意識的病人及緊急應變- 認識純心肺復甦法 (COCPR) 的有效性- 實習施行高質素的心肺復甦法 (CPR)- 了解使用 AED 時的注意事項- 認識及實習使用 AED 流程- 轉交病人時的流程 <p>課程模式：</p> <ul style="list-style-type: none">- 1.5小時網上學習課程 (工作坊前必須完成)- 2.5 小時面授實習課堂 <p>完成網上學習課程及面授實習課堂，將獲授予出席證書</p>
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Speaker 講者	Representative of Fire Services Department 香港消防處代表
Date 日期	30 July 2025 (Wed) 2025年7月30日 (星期三)
Time 時間	9:30 – 12:00
Venue 地點	Gymnasium Room 2, HKCTA Tennis Centre, Kowloon Tsai 中國香港網總網球中心 2號健身房
Fee 費用	HKCTA Full-time Coaches / HKCTA Licensed Coaches : Free 網總全職教練 / 網總持牌教練 : 免費
Quota 名額	15 pax/session 15 位/每節
Deadline of Enrolment 截止日期	14 July 2025 (Mon) 2025 年 7 月 14 日 (星期一)
Language 語言	Cantonese (supplementary with English) 粵語 (英語輔助)
Licensing Scheme credit points 教練牌照分數	2 Credit Points 2 分

教練牌照計劃手冊已上載於本會網頁

The HKCTA Coach License Scheme Hand Book has been uploaded on our website: www.tennishk.org

本會不會發出確認信予參加者。請到 www.tennishk.org 查閱取錄名單。如參加者發現自己的名子不在名單上，請於報名截止日期後 2 個工作天內與本會聯絡

No confirmation letter will be issued to participants. Acceptance list is available at www.tennishk.org. It is the applicant's responsibility to check the acceptance list. Any applicant who has submitted the application form but cannot find his/her names on the Acceptance List please call the HKCTA office within 2 working days after the enrolment deadline.