



香港網球總會 Hong Kong Tennis Association

香港網球總會總樞大樓1號奧運大樓1021室
Room 1021, Olympic House, 1 Stadium Path,
So Kon Po, Causeway Bay, Hong Kong

Position: HKTA High Performance Trainer

Hong Kong Tennis Association (HKTA) has a mission to set and maintain the standards of the game to an international level and to nurture talented local players to compete in regional and international tournaments.

HKTA conducts its training programs at six tennis major centres across Hong Kong, Kowloon and the New Territories and we are seeking qualified and experienced trainer who wish to be considered for a senior coaching position with HKTA.

Key Tasks:

The High Performance Trainer has the responsibility to supervise the strength and conditioning program of a designated group of players based at HKTA centres. This role has both on-court and off-court responsibilities. In addition to a minimum of 40 hours per week of on-court coaching, it also includes administrative duties, tournament support responsibilities and international travel. This role incorporates the following responsibilities:

1. Reporting to the Director of Player Development and working with a team of support staff, including Centre Head Coaches, to deliver a high performance strength and conditioning program;
2. Providing Strength and Conditioning ("S&C") and rehabilitation to elite players, and other player(s) as requested by the HKTA;
3. In-charge of the design of the HKTA National Strength and Conditioning programme and provide training to S&C coaches under your supervision;
4. Evaluating and reporting the progress of the players under your care in relation to their respective defined targets, and together with your coaching staff, ensure that the necessary actions are taken to improve their performance;
5. Working with a team of supporting staff to deliver the appropriate physical, tactical, mental and sports medicine programmes to the players;
6. In collaboration with other Centre Head Coaches, implementing new ideas and technical improvements to coaching practices and players' training;
7. Supervising and upholding the standards of the full-time and part-time coaches, employed by the HKTA, working with you;
8. Conducting regular team meeting and professional development workshops;
9. Appraising the performance of full-time and part-time coaches, employed by the HKTA while avoiding any conflict of interest;
10. Working within the guidelines of the Annual Plan;
11. Regular communication with parents on a formal and informal basis;
12. Reporting to appropriate HKTA management staff and committees, attending meeting when required;
13. Supporting the coach education programmes;
14. Representing the HKTA and its player's interests, to the media and general public in a positive manner;

15. Any other duties deemed appropriate by the HKTA Chief Executive Officer/Director of Player Development.

Accountabilities:

1. To work within the HKTA coaching team to create a world class high performance training environment;
2. To create, build and sustain effective working relationships and networks with key partners, particularly other tennis coaches, committees, and staff;
3. Maintain high standards of discipline and work ethic to ensure the success and the professional image of the HKTA. Be a role model and lead by example. Ensure that standards are maintained at all levels;
4. Continually update knowledge on world's best practices to ensure best possible information is available to players. Through regular appraisal and self-analysis, find opportunities for personal and professional development;
5. Ensure you receive information, instruction and training about Health & Safety at work, and notify the Chief Executive Officer/Director of Player Development of any concerns within your team;
6. To build, manage and maintain strong inter-departmental relationships and communication within the organisation, as well as working in partnership with other team members;
7. Abide by the HKTA Coach's Code of Conduct.

Person specification:

1. Knowledge and understanding of, and commitment to, the strength and conditioning training;
2. Knowledge and understanding of, and commitment to, the game of tennis;
3. Knowledge and understanding of the needs of high performance players; junior, senior, male and female;
4. Knowledge and understanding of how to engage and communicate with, and motivate tennis players of all ages, and parents and committees;
5. Knowledge and understanding of H&S and Child Protection;
6. Ability to communicate effectively in writing, in person, and by telephone;
7. Ability to work effectively as a leader in a team;
8. A full understanding of international standards of both junior/ adult players;
9. Highly self-motivated and enthusiastic.

Essential requirements:

- Certificate of Strength and Conditioning Training;
- At least 7 years coaching experience, preferably with national tennis team players;
- Experience of Leading a Coaching Team;
- Excellent Communication Skills and Leadership Skills;
- Proficiency in spoken and written English;
- Computer Skills;



If you are interested in the above position, please submit a letter of application to info@tennishk.org . Provide a detailed CV that includes your coaching and academic qualifications, relevant working experience, details of playing career, achievements as a coach, expected remuneration, a recent photograph and a list of three referees. The deadline of the application is Tuesday, **10th January 2023**.