



Position: HKTA Part-Time Trainer

Hourly Rate: subject to qualification and experience

Reporting to the High Performance Trainer and Centre Head Coach (senior staff), the Part-time Trainer has the following responsibilities:

A. Responsibilities

- 1) To implement safe and effective fitness training programmes for players in National Training Squad (NTS) under the guidance of senior staff;
- 2) To monitor the maintenance of the fitness area and equipment;
- 3) To perform fitness and field-testing on players in NTS for monitoring training progress under the guidance of senior staff;
- 4) To provide both local and overseas on-field support to players if required;
- 5) To assist in centralize and maintain a database for all training records;
- 6) To create, build and sustain effective working relationships and networks with key partners, particularly other tennis coaches, and staff;
- 7) To perform any other appropriate duties as assigned by the senior staff;
- 8) Knowledge of Health & Safety at work, and notify the senior staff of any safety concerns; and
- 9) Abide by the HKTA Coach's Code of Conduct and comply with HKTA Sexual Harassment Policy; HKTA Child Protection Policy and HKTA Social Media Policy.

B. Requirements

- 1) Higher Diploma/Associate Degree, preferably in Sports Science, Exercise Science or equivalent OR
- 2) Holder of professional certifications in fitness training (e.g. NSCA Certified Personal Trainer, ACSM Certified Exercise Physiologist, ASCA Strength & Conditioning Coach (Level 1) or equivalent);
- 3) Holder of valid first aid, CPR and AED certificate is an advantage;
- 4) A minimum of 1 year's relevant working experience in strength & conditioning;
- 5) Excellent interpersonal and communication skills across all levels of players, coach and management;
- 6) Conscientiousness and accurate in monitoring athletes, recording data and reporting;
- 7) Able to work irregular hours and perform under pressure;
- 8) Highly motivated, enthusiastic and can work actively and independently as well as in a team;
- 9) Proficient in computer software application such as Microsoft Excel and Microsoft Office; and
- 10) Good command of written and spoken English and Chinese (including Putonghua).

If you are interested in the above position, please submit a letter of application and a CV, and email to info@tennishk.org.



香港網球總會
Hong Kong Tennis Association

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Deadline of Application is **Thursday, 20th October 2022**.