

Warm up: 3 minutes

Net: Height = 80 cm

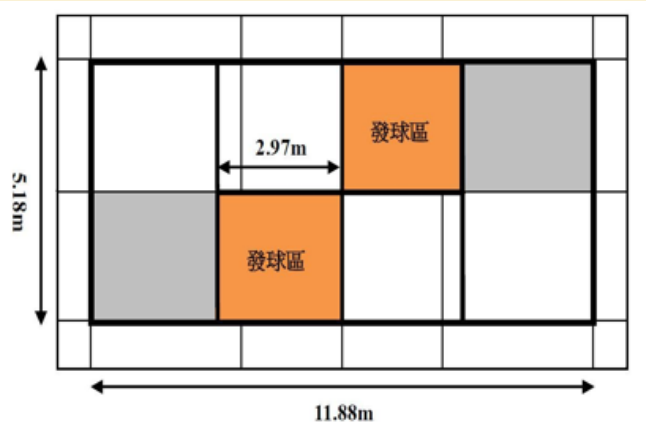
Plan of the court (Apply to all matches)

With the introduction of the Tennis 10s by the International Tennis Federation (ITF), all trainings & competitions in this scheme will be using Red Tennis Ball.



Official Ball:  
Red Tennis Ball

Original Prince Racket without modification  
Official Racket: Prince



≤23 inches