

talentTGroup

Summer Australian Tour 2010

Jun 28 to Jul 13

It's summertime and the HKTA has organised an intensive training tour to Brisbane, Australia! Players will train at the Lifetime Ambiwerra Tennis Centre run by Graeme Brimblecombe and his team of highly qualified and experienced coaches. Players will compete in one of 2 tournaments (at the coaches discretion) as well as play friendly matches against the Lifetime players. The first tournament is the Rod Laver Classic held at the Qld Tennis Centre (home of the Brisbane International ATP event). This tournament is the strongest tournament in Qld outside of the Australian Nationals and typically attracts the best players from across Queensland, New South Wales, Victoria and South Australia. The alternative is the Noosa Junior Carnival, which is a Qld state ranking point tournament. The standard for this tournament is on par with a Junior Series or Novice event. Outside of training and competition times, players will enjoy a range of cultural experiences and sightseeing, including a day at the Lone Pine Koala Sanctuary, a day trip to the Gold Coast to visit Warner Brothers Movieworld and a sightseeing tour through the Brisbane CBD.

Age: 11-18 years old

Applicants who are not training in the HKTA programmes need to attend a **Playing Ability Test**.



Players in HKTA training programme will have highest priority to join this tour. Summer Holiday is peak time for flights to Australia and we may not be able to confirm seats for late applicants. HKTA has the right to cancel the tour if the enrollment number is not enough.

TOUR FEE

	By Cheque
TG Players	HK\$ 27,300
Non-TG Players	HK\$ 28,900

Early Bird (by May 14)
HK\$26,000

*additional 3% applies to all fees for credit card payment

TRAINING

An example of the programme the players will partake in when they are not involved in the tournaments and are training is as follows -

- 08:00 – 08:30 Physical warm –up / speed agility session
- 08:30 – 11:00 On court drilling (technical / tactical)
- 11:30 – 13:00 Lunch / Break
- 13:00 – 14:30 Point Play / Set Play mixed in with Lifetime players
- 14:30 – 16:00 Gym / aerobic / Recovery training

There will also be 2 sport psychology sessions conducted at an appropriate time during the stay.

PROGRAMME/ITINERARY Players will compete in one of 2 tournaments at the coaches' discretion

Date	Rod Laver Classic Itinerary Item	Noosa Junior Carnival Itinerary Item
28 June	Depart HK	Depart HK
29 June	Training @ Lifetime	Training @ Lifetime
30 June	Rod Laver Classic	Training @ Lifetime
1 July	Rod Laver Classic	Training @ Lifetime
2 July	Rod Laver Classic	Training @ Lifetime
3 July	Rod Laver Classic	Training @ Lifetime
4 July	Rod Laver Classic	Day Trip into Brisbane CBD
5 July	Day trip into Brisbane CBD	Lifetime/Depart for Noosa
6 July	Training @ Lifetime	Noosa Junior Carnival
7 July	Training @ Lifetime	Noosa Junior Carnival
8 July	Training @ Lifetime	Noosa Junior Carnival/Return to Brisbane
9 July	Training @ Lifetime	Training @ Lifetime
10 July	Lone Pine Koala Sanctuary	Lone Pine Koala Sanctuary
11 July	Gold Coast – Warner Brothers Movieworld	Gold Coast
12 July	Depart Brisbane	Depart Brisbane
13 July	Arrive Hong Kong	Arrive Hong Kong

BOARDING & LODGING

ACCOMMODATION

Players will be staying with families of the Lifetime Tennis Club players during their stay in Brisbane. Players will get to meet/talk to them before moving in. Most likely you will have your own room, at worst you will share with player (same sex). If this is the case there will usually be two single beds or bunk beds in room if sharing room with anyone. All players will travel to the Gold Coast for one night with Lifetime Tennis to enjoy an exciting day at the Warner Brothers Movieworld Theme Park.

Players competing in the Noosa Junior Carnival will spend 3 nights in accommodation located on the Sunshine Coast. The entire team will stay together in share-style accommodation and will travel to and from the tournament venue under the care of the traveling coach Matthew Johnston.

FOOD

Breakfast and dinner (and possibly lunch) will be provided by the host family during the players stay in Brisbane. Players competing at the Noosa Junior Carnival will need to purchase their own breakfast, lunch and dinner for the 3 days of their stay. All players will need to purchase their own lunch every day, which will be readily available from various different locations throughout the tour. The HKTA would suggest approx. \$290 AUD for players competing in the Rod Laver Classic and approx. \$365 AUD for players competing in the Noosa Junior Carnival. This amount will sufficiently cover all the players extra food and drink expenses.

Other info: Players will be associated with the Lifetime Tennis Academy throughout the entire trip including tournament week, they will travel and train together.

VISA: Obtaining the necessary visas is your responsibility (including visa fees).

Parents/Housing: Players must stay with the team during the entire tour. Special housing arrangement with parents, other players and friends are not allowed. The HKTA provides players not only with the opportunity to take part in top level competition but also the invaluable experience of traveling abroad independent of parental care and part of a team under the guidance of the HKTA Coach, which is equally important. As such we would advise against parents attending the tour other than for exceptional reasons. We have also attached a guideline for player traveling for your attention.

PAYMENT TERMS

1. For cheque payment, please make 2 cheques, one for \$3,050 (\$1,500 for non refundable deposit, \$1,550 for air ticket and another cheque for the balance payment, both dated 21 May.
2. For Credit card payment, please state the details of your credit card clearly on the Enrolment Form. Transaction will be made on 21 May.

*The tour fee covers airfare, coaching fee and travel insurance, local transportation & those expenses for accommodation & meals specified. All other expenses are the responsibility of the players.

**Fees are based on the current airfare and exchange rate. Adjustments will be made to the tour fee subject to change in the event of flight changes, or other unforeseeable circumstances.

***Any cancellation / withdrawal after Jun 7, payment for HK\$1,550 will be levied.

Should you have any enquiries, please do not hesitate to contact Coach Justin Trench / Matthew Johnston / the HKTA office on 94692473 / 94424076 / 2504 8593.

MORE TOUR INFORMATION

LIFETIME FACILITY (AMBIWERRA)

Lifetime Tennis Brisbane West is one of 2 major Lifetime locations and programs. The headquarters are situated at the Ambiwerra Sports Grounds.

Tennis Courts- 8 recently resurfaced hard courts and additional multipurpose courts on site.

Pro Shop- Small pro shop / Canteen (racket sales and restringing)

Ovals- there are 3 high class ovals with running tracks on site.

Professional Services Suites - Physio and Sports Psychology Clinic with Gymnasium on site.

<http://lifetimetennis.com.au/>

THE LIFETIME TEAM

Graeme Brimblecombe

- Co –owner Lifetime Tennis Brisbane West, High performance Coach
- Former AIS Men's Coach, Tennis NSW and QLD State Coach
- Director & Senior Pro Tennis Head Coach)
- Tennis Australia Elite Coach



Marc Svenson

- Co – owner Lifetime Tennis Brisbane West, Club Pro Coach

Sean Fyfe

- High Performance Coach, Physiotherapist, Fitness Director
- Former Woman's Coach National Academy Brisbane
- Bachelor of Physiotherapy (UQ)
- Master of Exercise Science – Strength and Conditioning (ECU)
- Tennis Australia High Performance Coach – Level 3



Ivana Jovanovic

- Club Pro Coach
- Assistant Coach National Academy's in Brisbane, Sydney and Perth

Chris Hopkins

- Cert 4 Strength and Conditioning Coach, Assistant Coach

Anthony Ross

- Qualified Sport Psychologist, Club Pro Coach
- Former Sport Psych National Academy Brisbane

"LifeTime Tennis boasts one of the most experienced and credentialed coaching teams in the country. Our coaches have worked with some of Australia's leading former players including Pat Rafter, Scott Draper, Kerry-Anne Guse, Lisa McShea , as well as a number of Australia's up and coming players including world 14's champion and current ITF Junior number 3, Jason Kubler.

Our coaching team has coached in Academy of Sport Programs, Australia Institute of Sport programs and headed up National High Performance Academy programs. A number of LifeTime's coaches also have international playing and coaching experience."



TOURING REGULATIONS

Whilst you are on tour you are expected to listen to your coach and obey his/her instructions at all times.

- | You must always be polite to your hosts and be respectful of all the other opponents.
- | You should never at any time make fun of or make any rude or impolite comments to any other players, coach, official or spectator.
- | Bad language from any team member will not be tolerated and could lead to expulsion from the team.
- | Never leave the hotel or grounds unless you have the permission of the coach.
- | Stay in your designated rooms unless you have permission from the coach to visit another room.
- | At no time should any player enter the room of a player of the opposite sex.
- | You should eat with the team at all times unless you have permission from the coach.
- | Eat sensibly and listen to the coaches recommendations regarding when to eat and what to eat.
- | Do not go anywhere near a swimming pool unless you are under the supervision of the team coach and have permission from your parents to enter the pool whilst on the trip.
- | If you are in the pool please remember that you are there for exercise not for fooling around and never push any other players into the pool or play around in the water.
- | If any players is found not to be behaving in a manner befitting a member of a Hong Kong Touring team the manager/captain has been given the authority to immediately ship the offending player home.

Please also be reminded of the Code of Behavior below for players that you are expected to adhere to at all times

- | Abide by the rules of tennis and the rules of the particular competition.
- | Be a good sport in victory and defeat. Acknowledge good performances by your opponent.
- | Be fair, no matter what the cost. Follow the ITF Tennis Etiquette and Rules for both umpired and non-umpired Matches.
- | Believe in the honesty of your opponents and accept their line calls in matches played without an umpire.
- | Treat all players, as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player.
- | Respect the decisions of officials and administrators, making all appeals through the proper process and accepting the final decision.
- | If there is any problem during a match with another player, parents, coaches, supporters or spectators, call for the referee to resolve the matter.
- | Control your temper. Physical abuse, verbal abuse, audible obscenities, visible obscenities or threatening behavior to a player or any other person is not acceptable or permitted.
- | Do not use performance-enhancing drugs. The use of performance enhancing drugs and doping practices is contrary to the ethics of sport and is potentially harmful to the health of athletes.
- | Do not play in a competition when intoxicated. If under 18 years of age do not consume alcohol during or in connection with any competition.
- | Do not gamble on the outcome of any match.
- | During or in connection with any competition, do not engage in any activity that is unlawful and do not engage in any acts of discrimination or sexual harassment, abuse or vilification.
- | Show appreciation of the efforts of officials and administrators. The majority are volunteers and without them there would be no competitions in which you could compete.