

talentTGroup

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Talent Group Objectives

- ★ To provide a top level programme for talented juniors
- ★ To help players optimise their tennis potential
- ★ To teach players to manage themselves
- ★ Prepare Players For Tournament Play
- ★ To give players access to world class training overseas by organising trips and clinics with overseas pros.

Training Content

- ★ Minimum of 6 hours per week
- ★ Focus on the four main elements
 - Technical
 - Tactical
 - Physical
 - Mental
- ★ Video Analysis and individualised fitness regimes
- ★ Internal Fixture

TG Calendar

- ★ Highlight of TG events, e.g.
 - ★ Parent/ Child Challenge
 - ★ TG Movie Night
 - ★ TG Xmas Challenge (HK vs KIn)
 - ★ TG Singles Challenge

TG Promotion Criteria

- ✦ Promotion through the TG's is at the coach's discretion.
- ✦ When considering the promotion of a player the coach will take into account a variety of factors including (but not limited to):
 - ✦ Skill advancement,
 - ✦ Tournament results, and
 - ✦ Dedication to the programme.



Tournament Group

- ✦ New concept for the 09/10 season
- ✦ Players for these groups are hand selected from the TG's
- ✦ These players show a high level of dedication to the programme.
- ✦ Tournament participation is essential and results will be monitored.
- ✦ Players can be promoted/demoted through the Tournament Group at the coach's discretion.
- ✦ Training will be at a much higher level of intensity and expectations of the players are much higher.
- ✦ Players who fail to uphold these expectations can expect to lose their position in the tournament squad.

Elite Junior Handbook

- ✦ Purpose
- ✦ How to use it
- ✦ When they need to use



Talent ID

- Feeder programme for TG
- For younger players who have been identified as future potential
- These players should participate in the mini-tennis and/or Junior Novice tournaments
- Programme content is similar to the TG's, except at a lower level of intensity
- Promotion through TID and into TG is at the coach's discretion



TG Opportunities

- ✦ TG Player – Coach Ratio Approx 4:1
- ✦ TID Player – Coach Ratio Approx 6:1
- ✦ Friendly Matches
- ✦ Holiday Camps
- ✦ Overseas Tours
- ✦ Possible Visiting Teams
- ✦ Possible Visiting Coaches

Taiwan Summer Training Camps 2009

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香港網球總會
HONG KONG TENNIS ASSOCIATION

HKTA Summer Training Camps 2009

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HKTA Tennis Centre,
Kowloon Tsai Park



Hong Kong Tennis Centre,
Wong Nai Chung Gap Road

Tournaments

☀ Local

- ☀ Novice (Win a Novice Tournament, Must Move into Junior Series.)
- ☀ Junior Series – Allow Players to Gain National Ranking.
- ☀ HK Junior Nationals.

http://www.tennishk.org/docs/Tournament%20Calendar/Tournament_Calendar_20092.pdf

Attendance Requirements

- ★ **Must attend all training days**
- ★ **Leave Application Form**
 - ★ Approved and signed by Coaches
 - ★ Provide documents (e.g. Exam timetable)
 - ★ sent to the HKTA office **2 Weeks** before the period of leave applied

Coaches Expectations

- ★ 100% attendance (except under outstanding circumstances)
- ★ Arrive on Time (call if you are running late!)
- ★ What To Bring
 - Water Bottle
 - Towel (big enough to lie on without touching the ground)
 - Spare Racket
 - Snacks (Banana, energy bars)
 - Hat & Sunscreen
- ★ Players are to compete in Novice and Series tournaments
- ★ Respect All Players And Coaches

Bad Weather

- ☀️ Typhoon No. 8 or above or after a Black Rainstorm Warning signal - Automatically Cancelled
- ☀️ Rainy Days, Coaches will be at venue for a period of One Hour
- ☀️ Parents May Call Prior to Session for Weather Update

TG Website

- ★ Coaches' information
- ★ Timetable
- ★ TG Calendar
- ★ News
- ★ Useful forms

Please check TG website monthly!!

www.tennishk.org



香港網球總會
HONG KONG TENNIS ASSOCIATION

TG Online-Enrollment

- ✦ Training History
- ✦ Payment Record

www.tennishk.org/enroll



Thank You

Q & A

